

UFO CONTACTEES: CAPTIVE COLLABORATORS**OR COSMIC CITIZENS?****R. LEO SPRINKLE, PH.D.**

ABSTRACT

This paper provides a tentative view about the significance of the UFO experience, with special emphasis upon the perceived characteristics and the alleged experiences of UFO abductees and contactees.

The paper summarizes a survey of more than 200 persons who claim to have experienced some kind of psychic impressions which are related to UFO encounters. A list of approximately 50 persons is presented, with a brief summary of their UFO experiences. These persons have participated in hypnotic time regression procedures in order to explore their "loss of time" experience during their UFO sighting; these persons recall memories of apparent abduction and examination by alien beings, or UFOLK; many of them report unusual physiological, psychological, and psychic manifestations, along with a feeling of being monitored and/or receiving "mental messages" from UFOLK.

The hypothesis of "cosmic citizen" is suggested as the purpose of UFO contact, and recommendations are provided for further investigation of the significance of UFO communication.

INTRODUCTION

Experienced investigators, e.g., Jim and Coral Lorenzen, co-founders of APRO (see references) and J. Allen Hynek, Director of CUFOS, have pointed out that reports of Unidentified Flying Objects (UFOs) can be characterized as incredible stories told by credible people.

This paper is an attempt to summarize and evaluate the significance of some of these incredible stories told by credible people. There is, of course, a human tendency to "kill the messenger" who brings unwanted news. I hope that the messages given to UFO contactees can be explored and evaluated for their possible significance before these messages are discounted or dismissed.

However, the reader/listener should be aware of my bias. I claim to have observed unusual aerial phenomena: In Boulder, Colorado, in the Autumn of 1949, a fellow student and I observed a "daylight disc" moving overhead; during the summer of 1956, my wife, Marilyn, and I

R. LEO SPRINKLE, PH.D.

Dr. R. Leo Sprinkle is presently the Director of Counseling and Testing and Professor of Counseling Services at the University of Wyoming, Laramie. Dr. Sprinkle holds B.A. and M.P.S. degrees from the University of Colorado and a Ph.D. from the University of Missouri, having majored in Counseling and Guidance.

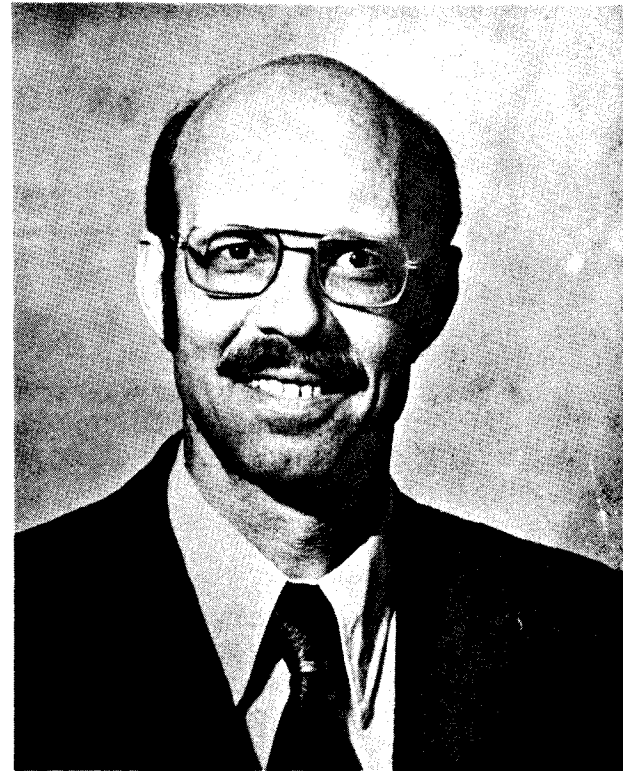
Dr. Sprinkle's major professional interests include counseling, hypnosis, parapsychology and the psychological aspects of UFO research. He has served as a consultant to both the Condon Committee UFO Project at the University of Colorado and the National Enquirer Blue-Ribbon UFO Panel. He is currently a consultant to the Aerial Phenomena Research Organization, Tucson.

His professional society memberships include the American Association for the Advancement of Science; American Association of University Professors; American Psychological Association; Parapsychological Association and the American Society of Clinical Hypnosis.

Dr. Sprinkle has written and presented many papers on UFOs, including his statements on investigation of UFO reports made before the Committee on Science and Astronautics Symposium on Unidentified Flying Objects, July 29, 1968. At the 1975 MUFON UFO Symposium in Des Moines, he spoke on the topic "UFO Research: Problem or Predicament?" He has also spoken on the subject of UFOs at symposiums sponsored by the National Amateur Astronomers Association and the American Psychological Association and has appeared on numerous television panel and talk shows.

Dr. Sprinkle has published frequently in a number of respected UFO journals, including "Some Uses of Hypnosis in UFO Research," Flying Saucer Review, September 1969; "Personal and Scientific Attitudes: A Study of Persons Interested in UFO Reports", FSR, Special Issue No. 3; and "What Are the Implications of UFO Experiences?" in the first appearance of CUFOS Journal for UFO Studies.

Dr. Sprinkle currently resides with his wife, Marilyn, in Laramie. He may be contacted at the University of Wyoming in Laramie, WY 82071.





watched a "nocturnal light" or object as it apparently descended from the western sky, hovering and moving between us and the "Flatirons" (Rocky Mountain Foothills), and then disappearing to the north of town. In Alamosa, Colorado, and in Casper, Wyoming, I have observed "nocturnal lights" in the presence of other observers, including astronomers, ranchers, and law enforcement officers. Thus, over the years, I have changed from a "scoffer", to a "skeptic", to a "believer" in the reality of UFO phenomena. The reader/listener should be aware of my bias in evaluating my work with other UFO observers and with UFO contactees.

UFO Contactees

In 1962-63, I surveyed a sample of 259 persons who were fellow members of NICAP; their responses to a questionnaire were compared with a group of Graduate Students and Professors in Psychology (Sprinkle, 1969); their range of responses was similar to those of USA norm groups on the Rokeach Dogmatism Scale. I concluded that these respondents were no more than a sample of average USA adults.

In 1965, as a consultant to APRO, I became interested in persons who claimed to have experienced psychic impressions of UFO phenomena. My 5 year plan (!) was to collect responses from 100 persons; interview those persons who claimed to experience many psychic phenomena; utilize hypnotic procedures for exploring their psychic abilities and their UFO experiences; then, ask them to predict the locations of UFO "flaps" so that investigators could travel to those locations and gather data! Participants in the survey were asked to complete a questionnaire (see Appendix) with items on their educational and occupational background, ESP experiences, UFO sightings, and their impressions about the origin and purposes of UFO occupants, or UFOLK; also, they were asked to complete two psychological inventories: Adjective Check List (ACL) and Strong Vocational Interest Blank (SVIB).

In 1976, tentative conclusions from the initial study of 83 participants were reported (Sprinkle, 1976). Now, in 1980, over 200 persons have participated in the survey; current participants are asked to complete the questionnaire, Adjective Check List (ACL), Minnesota Multiphasic Personality Inventory (MMPI), Strong-Campbell Interest Inventory (SCII), and the 16 Personality Factors Test (16PF). In general, the patterns of scores for participants are similar to those of USA adults. The results do not support the "psychosis hypothesis": the hypothesis that UFO sightings are reported by persons who are experiencing neurotic or psychotic reactions.

However, these persons often express the fear of being considered "crazy" or being ridiculed by relatives, friends, or neighbors. These persons often express relief when they learn that other participants report UFO observations and related events, e.g., dreams, visions, physiological symptoms, poltergeist activity, apparitions, electromagnetic anomalies, and "mental messages" from entities who claim to come from outer space.



MUFON Symposium Proceedings

UFO Abductees

Since 1967, I have interviewed approximately 50 persons, using hypnotic time regression procedures, in order to assist the participants to explore their subconscious memories of a "loss of time", or temporary amnesia, during UFO experiences. These interviews are summarized as follows:

Hypnotic Sessions with UFO Abductees

<u>Case No.</u>	<u>Participant (Year of Interview)</u>	<u>Summary of UFO Experiences</u>
1	NHC (1967)	A factory worker described his impressions of an encounter with a strange being who tried, unsuccessfully, to invite NHC from his car into an UFO which hovered over Denver, Colorado.
2	CB (1968)	A college student described an examination by UFOLK, during a "loss of time", while she and her boyfriend were parked in a wooded area near Laramie, Wyoming.
3	Herbert L. Shirmer (1968)	A policeman recalled an encounter with UFOLK, during a 20 minute "loss of time", near Ashland, Nebraska (Sprinkle, 1976).
4	E. Carl Higdon, Jr. (1974)	An oil driller recalled a strange encounter with UFOLK, during a 2 hour "loss of time" experience while hunting elk, south of Rawlins, Wyoming (Lorenzen & Lorenzen, 1977; Sprinkle, 1979).
5	Charles Hickson (1975)	Charlie Hickson and Calvin Parker were fishing at a port in Pascagoula, Mississippi; they reported the experience of being abducted by 3 "robots" which floated them onto a hovering craft (Fisher, 1978).
6 7	Sandra Larson Jacki Larson (1975)	Mrs. Sandra Larson, her daughter, Jacki, and Jacki's boyfriend, experienced an hour "loss of time" while driving on a North Dakota highway. Their memories were of an abduction and examination (Clark, 1976).
8 9	RH RH's friend (1976)	Two college men reported impressions, or memories, of an encounter with strange beings while driving on a Utah highway.



MUFON Symposium Proceedings

- 10 Mona Stafford
11 Louise Smith
12 Elaine Thomas
 (1976)
- 13 PS
 (1976)
- 14 "Rachel Jones"
 (1977)
- 15 Mary C. Sewall
 (1977)
- 16 LS
 (1977)
- 17 LP
18 BK
 (1978)
- 19 Thomas Jankowski
 (1978)
- 20 BB
 (1978)
- 21 JV
 (1978)
- 22 "Shannon Dempsey"
 (1978)
- Three Kentucky women experienced an hour and 20 minute "loss of time" while driving home from a restaurant; each described impressions of an abduction and examination by small beings with large eyes (Lorenzen & Lorenzen, 1977; Stringfield, 1977).
- An Ohio woman recalled memories of an encounter with UFOLK shortly after an UFO sighting from the back porch of her home.
- Gayle P. Bever recalled impressions of an abduction and examination by alien beings; a small circular scar can be observed on her shoulder (APRO Bulletin, Nov. 1977, Vol, 26, No. 5).
- A Utah woman described memories of abduction by UFOLK and flight in a space craft, when she was living in California.
- A young California woman described her impressions of mental communications with entities claiming to be UFOLK.
- Two young women recalled impressions of being taken aboard a space craft and encountering UFOLK, while driving on a Colorado county road.
- A Wyoming welder recalled memories of a strange face looking through his truck's windshield during a snowstorm; during a hypnotic regression session, he recalled memories of being on board a space craft and sitting at the "control panel."
- A young college woman recalled a childhood incident of observing an UFO and experiencing "mental communication" with UFOLK.
- A young businessman recalled impressions of abduction and examination by UFOLK during a drive with his partner on a Texas highway.
- A young Idaho mother recalled an UFO encounter and face-to-face meeting with UFOLK, while driving her son on an Idaho highway.



MUFON Symposium Proceedings

- 23 "Gloria Archer"
(1978) Ann Canary, a Denver woman, recalled her impressions of UFO abduction and examination; the memories of the experience had haunted her for 12 years; now, she views herself as a "cosmic citizen."
- 24 JD
(1978) A ranch foreman described his experiences of cattle mutilations, UFO sightings, ESP events, and face-to-face encounters with UFOLK (APRO Bulletin, July-Dec. 1979, and Jan. 1979).
- 25 JK
(1978) A former military paramedic recalled impressions of a strange light; a "loss of time"; abduction of him and his buddy by UFOLK, while strolling on a beach in a Central American nation.
- 26 PLW
(1978) A college student recalled an encounter with 7 foot tall beings, in cloaks, who approached his stalled car while he was on leave from the USAF and traveling in Wyoming. He was given "precognitive" impressions of California earthquakes and UFO landings.
- 27 SF
(1978) A young male photographer recalled impressions of an abduction and examination of him and his partner, by UFOLK, while they were camping in Arizona.
- 28 Pat L. McGuire
(1979) A Wyoming rancher, who had 2 cattle mutilations on his ranch, recalled a "loss of time" while hunting in the Teton Mountains; his experiences included a "mission" to dig a well; encounters with UFOLK; and vivid but strange impressions of the Israeli-Egyptian War of October 1973.
- 29 SAL
30 SL
(1979) A husband and wife recalled an abduction by UFOLK while traveling on a New Mexico highway.
- 31 Barbara Freund
(1979) A U. of Wyo. Student recalled impressions, or memories, of abduction and examination by UFOLK on board a space craft, while meditating in her Laramie apartment.



MUFON Symposium Proceedings

- 32 RD
33 GD
34 MD
(1979)
Father, mother, and son recalled an abduction experience, by UFOLK, when camping in a desert in Mexico. The father described impressions of "messages" from UFOLK about the Near East and increased UFO activity beginning in February 1980.
- 35 Millie Lindsey
(1979)
A coach of a University Women's Softball team recalled an earlier UFO sighting, and UFOLK encounter, when she was driving on a California highway.
- 36 TJM
(1979)
A young woman recalled a childhood memory of a crash of a strange airplane in a small Texas town.
- 37 RA
(1979)
A middle aged man recalled his experience as a young man in the USAF, encountering an UFO occupant and craft near an AF Base in California.
- 38 DD
(1979)
A man from Washington State described a conscious childhood memory of an abduction by several "Bigfoot" creatures; during hypnotic regression procedures, he recalled memories, or impressions, of small UFOLK who seemed to be in control of "Bigfoot" activities.
- 39 RKM
(1979)
A young man recalled an encounter with UFOLK while parked in a car in Palmerdale, Florida.
- 40 DJG
(1979)
A young English man described his memories of an encounter with spiritual entities, or UFOLK, who claimed to be "Andromedans."
- 41 SLN
42 LEN
(1979)
A husband and wife recall a UFO sighting and an encounter with UFOLK on a Colorado county road.
- 43 PCT
(1979)
A young man in Brazil described his impressions of "out of the body" experiences and encounters with UFOLK and/or spiritual beings.
- 44 Kimberle Lenz
(1979)
A young woman described her memories of an auto journey on a Colorado road, with her brother, and the impressions of an abduction by UFOLK.



MUFON Symposium Proceedings

- 45 BH (1979) A young Wyoming woman described her impressions of mental communication with UFOLK during her travels in Europe and California.
- 46 GG (1980) A Virginia man described his impressions of an UFO abduction and examination by UFOLK, including the feeling that he was somehow "transferred" into another body or that his body was "duplicated."
- 47 Judith E. Doraty (1980) A woman described her impressions of an UFO abduction; the woman recalls the interior of a craft and an operation by UFOLK on a calf.

Interviews (without hypnotic procedures) with UFO Contactees and Abductees

<u>Case</u>	<u>Participant</u>	<u>Year of Interview</u>
1	Betty Hill	1967
2	Barney Hill	1967
3	Catherine Fisher	1968
4	Tomooki E. Wantanabe	1974
5	Wayne S. Aho	1974
6	Lucille McNames	1974
7	Johnny Sands	1976
8	Travis Walton	1976
9	K.C. (England)	1979
10	F.M. (Brazil)	1979
11	Dorothy E. Burrow	1980
12	Ida M. Kannenberg	1980

Many UFO contactees describe memories, or impressions, of close encounters with UFOLK, including abductions and examinations; many contactees report injuries of physiological symptoms (Niemtzow & Schuessler, 1980), such as temporary paralysis, dizziness, nausea, vomiting, headache, blindness, perceptions of odors and sounds. Sometimes, UFO contactees report chronic symptoms, e.g., skin lesions. Many UFO contactees report a variety of psychic manifestations and paranormal events in their lives. Some contactees recall impressions, or memories, of a series of encounters involving "instruction" by UFOLK for a mission or a task in this life; in some cases, these individuals feel as if they have "developed" a new body or a new personality, or as if they have been "joined" by another personality. In some cases, these persons describe messages from UFOLK which purport to offer prophecies or predictions about the next 20 years in the history of humankind (Sprinkle, 1979b).

Of course, there are many doubts and questions about the significance of the claims and the "messages" of UFO abductees and contactees; these persons themselves are skeptical about the source of these messages. A skeptical attitude is appropriate in evaluation; however,



that attitude may be a hindrance in the exploration of UFO experiences. For example, my own skepticism caused a delay of almost 2 years before beginning the investigation of the UFO experiences of Pat L. McGuire.

Pat L. McGuire: UFO Contactee

Pat McGuire and his wife, Wanda, live with their 8 children on a ranch 30 miles north of Laramie, Wyoming. Pat is 37 years old; he was born (August 15, 1942) and raised in Wheatland; he worked as a guide and outfitter for 14 years, and he farmed with his father and brothers. In 1971, he talked with other people about his plan to dig a large well in a prairie basin near Bosler, Wyoming. His father and brothers decided not to go along with his plan; some people told him that they thought his plan was a "crazy idea." He called several companies, in Arkansas, California, and Texas, but he was unable to hire anyone to bring in a rig which was large enough to dig the proposed well. Finally, he enlisted the aid of a friend to build the rig. While continuing to work his cattle, and living in a small trailer house, Pat worked compulsively for several years at a project which seemed "crazy" to others but "real" to him: he marked a spot in the ground where he wanted to dig the well; he set up the rig and hired a driller to dig the well; he set up an army tank motor (which he had bought several years earlier) and he hired someone to install the pump (which had been purchased from a company whose representative tried to dissuade him from buying the pump); he dug a 15-inch hole to the depth of 350 feet.

Now, the present motor can pump 8000 gallons a minute of pure water, and Pat can irrigate simultaneously 10 "circles" or approximately 14000 acres of malt barley. Pat works long hours, including the midnight and 3 AM "check" on the irrigation systems; however, he and his family have created a huge garden in an area that once could only support sagebrush, jackrabbits, and some cattle.

In 1976, Pat telephoned me, introduced himself, and stated that he had seen several strange objects in the air over his well and ranch; I told him that I would send him a report form to complete and return, and I thanked him for his call. He completed and returned the form; later, he called to invite me to visit the ranch, while Deputy Sheriff Jim Conyers investigated the mutilation of a cow. I did not accept the invitation; I had been quite busy with my office duties, and my weekend travels to various states to interview UFO abductees.

Almost 2 years after Mr. McGuire's initial telephone call, I finally drove the 30 miles to his ranch; my willingness to investigate his UFO experience was based upon the possibility that Pat had experienced a "loss of time" during a hunting trip with his brother-in-law in the Teton Mountains during October of 1973.

When I met Pat, I found him to be a friendly and pleasant man. I was fascinated by the huge well and irrigation system. Pat is of average height and weight, with an open and sincere manner; he is proud of



his ranch, and his family who come from a background of Irish-Catholic traditions; he is not an articulate speaker, and he admits to his difficulties in writing and spelling; however, he is intuitive about people and situations; and he is suspicious about any businessman who tries to tell Pat L. McGuire what he should do and how to do it!

Pat has been willing to be the object of many investigations: psychiatric evaluation; psychological inventories; and hypnotic time regression procedures. According to the report of a psychiatrist, Dr. Angela I. Howdeshell, Pat was diagnosed as experiencing no psychiatric illness; according to the psychological inventories, Pat's pattern of scores are like those of persons who are seen as friendly, dominant, conscientious, suspicious and "hard to fool." In the presence of many investigators and observers, Pat has allowed himself to follow hypnotic time regression procedures for exploring his impressions and memories of his UFO experiences. The obtained information is so strange that all of us, including Pat, find ourselves blinking our eyes and shaking our heads in disbelief!

In my initial report to APRO (November 1978), I described the various claims by Pat, his family, and co-workers: sighting of a large "ball of fire" over the fields; sightings of "flying saucers" over the well and over the rise near the trailer home; poltergeist activity (raps or knocks on the trailer); electromagnetic effects on the electrical systems by the house and well, etc. Pat has described many strange events which occurred while he was alone on the ranch, e.g., electromagnetic effects when, without any known cause, the power of the irrigation systems would be turned off. During one night, he experienced paralysis of his body, which left him screaming for a few minutes until the paralysis gradually subsided.

During the summer of 1976, two cattle mutilations occurred on the ranch, shortly after a period of many UFO observations. At that time, Pat was of the opinion that he and his brother-in-law should "catch the guys" and claim the reward. (Pat had assumed that "sex cults from Laramie" were responsible!) However, with careful planning and a quiet approach toward the "lights," they were unable to see any persons or vehicles. Then, one evening, Pat observed a "flying saucer" descend toward a ridge, approximately 1 mile from the trailer house; through his "spotting" telescope, Pat watched the UFO as it seemed to hover, then move around the ridge; the cow, which had been under the UFO, was no longer there. The next morning, Pat drove to the area, found a calf bawling, but he found no trace of the missing cow. Pat began to change his views: he wondered if UFOLK were responsible for the mutilations, as if "they" were "governors" and in control of human activities.

Then, in the winter of 1979-80, during several hypnotic sessions, Pat found himself describing two kinds of impressions which were puzzling and mysterious: impressions, or memories, that he had been transported to an "Oval Room" for instructions by alien beings, so that he could begin his plans to dig a well; and impressions, or memories, that